

Seat of the Soul Institute™

Vocabulary of Authentic Power™

Authentic Power – alignment of the personality with the soul (*with harmony, cooperation, sharing, and reverence for Life*).

Characteristics of authentically empowered personality – humbleness, clarity, forgiveness, love.

Clarity – the perception of wisdom and the ability to see the soul in action in the physical world; turns pain into suffering and evaporates fear; allows you to see the world of physical matter for what it is – a learning environment that is created jointly by the intentions of the souls that share it.

Co creation – occurs when individuals bring all that each can offer to a joint effort and at the same time, open themselves to a larger, or higher, idea that may not have previously occurred to them.

Cooperation – an intention of the soul. Multi sensory cooperation is a Co creation.

Detachment – allows you to remain aware of what you feel while the events of your life unfold.

Earth School – special learning environment in which all that needs to be examined and brought to health in each individual is revealed to her or him in the intimacy of her or his personal experience.

Emotional Awareness – becoming aware of everything that you are feeling at every moment.

Emotional Energy Center – specific location in which energy flowing through the emotional energy system is processed in love and trust or processed in fear and doubt.

Emotional Energy System – seven energy processing centers between the crown of the head and the base of the trunk (*chakras*)

External Power – ability to manipulate and control things that appear to be external.

Fear – produces painful emotions (*physical sensations*).

Five-sensory perception – perceptions of the physical world: tasting, touching, hearing, smelling, and seeing.

Forgiveness – not holding others responsible for your experiences.

Frightened Part of the Personality – autonomous aspect of personal consciousness that is rooted in fear and expresses fear (e.g., *anger, jealousy, superiority, inferiority, vengeance, etc.*)

Harmony – flow of caring energy that is unobstructed by second agendas of external power. An intention of the soul.

Humble – free to love and to be who you are; no artificial standards to live up to; content with the fulfillment of your authentic needs; not burdened with artificial needs.

In-tention - the quality of consciousness you bring to an action.

Intentions of the soul – harmony, cooperation, sharing, reverence for Life.

Intuition – perception beyond the physical senses that is meant to assist you; the sensory system which operates without data from the five senses.

Love – energy of the soul. There is nothing that cannot be healed by love. There is nothing but love.

Loving Part of the Personality – autonomous aspect of personal consciousness that is rooted in love and expresses love (e.g., *gratitude, contentment, appreciation, awe, love*)

Seat of the Soul Institute™

Vocabulary of Authentic Power™

Multi sensory Perception - the ability to see and experience beyond the limitations of the five senses.

Out-tention – the application of your will to accomplish a physical goal.

Personality – the part of you that was born on a certain date and will die on a certain date (*your body, “personality”, and intuitional structure*).

Present Moment – requires awareness of all that you are feeling – including how your energy system is functioning – moment-by-moment.

Power Struggle – conflicting pursuits of external power.

Responsible choice – choices that create consequences for which you are willing to assume responsibility.

Splintered Personality – un-integrated aspects of personal consciousness in conflict with one another, (e.g., *compassion and disdain, caring and anger, jealousy and admiration*).

Reverence for Life – the experience of accepting that all Life is in and of itself, of value; engaging in a form and a depth of contact with Life that is well beyond the shell of form and into essence; contact with the essence of each thing and person and plant and bird and animal.

Scanning – experiencing the physical sensations you are feeling near each energy center.

Sharing – an intention of the soul; giving all that you have and receiving all that the Universe gives you; an energetic dynamic that enriches both the giver and the receiver.

Soul – the immortal part of yourself that existed before you were born and will exist after you die.

Spiritual partnership – partnership between equals for the purpose of spiritual growth (*creating authentic power*).

Stress – painful experiences created by resisting your life.

Temptation – dress rehearsal for a negative karmic event; an opportunity for you to choose differently before you create destructive and painful consequences.

Trust – active partnership with the Universe; knowing that the circumstance you are in is working toward your best and most appropriate end.

Universal Human – a human who is beyond nation, race, religion, sex, and economic circumstance; a citizen of the Universe whose allegiance is to Life; the highest potential of a multi sensory human.

Seat of the Soul Institute
Copyright© 2006 by Gary Zukav